

# Eat Junk

JME

Look after your body... (yes)  
U only get ONE body...  
Without that body, you're NOBODY...  
EVERYBODY listen to me...  
Look after your body...

It seems like nobody cares  
How their body will be in five years  
Okay now blowing smoke in the air  
But cancer doesn't have an antidote so...  
Stop takin' life for a joke (no joke)  
I've had it up to here  
Kids smoking in their pre-school years  
Cause of the pressure they get from their peers  
Some of the kids have the nerve  
To stop me and ask do I get served  
I'm a teach dem a lesson...  
Next kid to ask me to get served  
I'm a take his 2 quid

Everybody please listen to me and look after your body  
If not, u might end up a dead body...  
Cause all u wanna do is  
Eat junk  
Smoke skunk  
Get drunk  
All u wanna do is...  
Eat junk  
Smoke skunk  
Get drunk  
All u ever do is...  
Eat junk  
Smoke skunk  
Get drunk  
All u wanna do is...  
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Listen up...  
All the guys that think they can live off them greasy fries  
They ain't potatoes, that's LIES!  
Take away and junk food's bad for you heart  
I don't care if you're skinny from the start  
Them fries will leave you SUPERSIZED  
Junk food looks good to the eyes  
But it don't look good on the thighs  
If your tummy's in a funny mood  
Go home and have some mummy's food  
That way you know what you're eatin'  
Unless mum works in burger king

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Listen up...

All the people that are out there drinkin' BUBBLY  
When really they're supposed to be  
Buyin' bread and pampers  
Instead they're buyin' CHAMPERS  
Waving drunk and disorderly  
And two years down the line  
Their liver's not workin properly  
Drinkin' gives you confidence  
It's not a co-incidence  
Your prospects don't look promising  
Cause can't stop yourself from vomitin'

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Smoke skunk  
Get drunk  
All u wanna do is...  
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Smoke skunk  
Get drunk

That's right...

Look after your body...  
I know you've all got rottin teeth...  
Achin joints...  
Aches and pains...  
Asthma...  
Stomach aches...