

# Thanks But No Thanks

Jimmy Ruffin

(A man's gotta be strong  
Though the love he need is gone)  
I said a man's gotta be strong  
Though the love he need is gone

So thanks, but no thanks (Thanks, no thanks)  
Don't give me sympathy  
This hurt I'll stand 'cause I'm a man (This hurt, I'll stand it)  
Oh, please don't pity me

A man in love, a girl untrue  
All my dreams have fallen through  
My friends try to help me, they rush right to my side  
I turn away their helping hand because of my pride

When your love has left you, it hurts to be a man  
Though you want to kneel and cry, you know that you must stand  
Though my heart, it hurts me so  
I can't let it show  
I know I must make it alone  
I'll go it alone

So thanks, but no thanks (Thanks, no thanks)  
Don't give me sympathy  
This hurt I'll stand 'cause I'm a man (This hurt, I'll stand it)  
Oh, please don't pity me

Hurt is here, love is gone  
There's emptiness, I'm all alone  
She promised that you'd love me more with every day  
When my heart believed in her, that's when she went away

My heart is full of sorrow because love has gone  
Now I know the feeling of being all alone  
But a man has got to be strong  
Though he hurts inside  
Only in darkness he cries  
My tears I must hide

So thanks, but no thank you (Thanks, no thanks)  
This hurt, I'll stand it (This hurt, I'll stand it)

Standing tall, proud and high  
While my heart hurts much inside  
As I slowly walk away, my friends understand  
They want to help but they accept the feelings of a man

He must keep going, though feeling pain throughout  
He may be down without a sound, but never count him out  
'Cause a man will rise one day  
He'll find a way  
'Til then I must go it alone  
I'll go it alone

So thanks, but no thanks (Thanks, no thanks)  
Don't give me sympathy  
This hurt I'll stand 'cause I'm a man (This hurt, I'll stand it)

Oh, please don't pity me

I'm a man (Thanks)