The streets I played weren't pretty
Had to grow up fast and fight to the last
I was scared, had to hide my pain
When the nights turned wild again

If you showed just a little weakness
The streets'll make you bleed, bring you to your knees
I prayed for a better life
I had to learn to make it right

I had to dig deep for the spirit
I had to dig deep or lose
Cause when you get kicked down, get back on your feet
The only way out is through

As I grew up, I remained so loyal
All the lessons I learned, in my heart they're burned
Felt alone but even then I knew
It'd make me a stronger man

Inside of me was a wasteland
Deep within I yearned, as the time it turned
Though my heart was lost
I knew the cost
No love was going to leave me empty

I had to dig deep for the spirit
Dig deep or lose
Cause when you get kicked down, get back on your feet
The only way out is through

Well I'm older now and wiser
I look back and laugh at the painful past
I'm a better man
Than I was back then
I forgive but I won't forget it

I still have to dig deep for the spirit Dig deep or lose Cause when I kicked down get back on my feet The only way out is through