

habits & hearts

Jimmie Allen

You find the strength
To open up the bottle for the last time
And pour it down the drain
'Cause she asked you to change
And you know that you'd be crazy for tradin' the way
She loves you for a high that ain't gonna last
But then you do
And you can't take it back

It tears you up
It wears you down
You want to quit
But you can't get out
Habits are harder than hearts to break
Habits are harder than hearts to break
Back on the track
You brace yourself
Cause it don't take much to come off the rails
So tired of seein' tears rollin' down her face
But habits are harder than hearts to break

Broken holidays
Walkin' in with clear eyes and havin' conversation
Without the haze
Just like she had prayed
Then you slip out for a minute then everything
'Bout ya's different when you walk back into the room
A shell of who you are
Watchin' her fall apart, and

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It wears you down
You want to quit
But you can't get out
Habits are harder than hearts to break
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Back on the track
You brace yourself
Cause it don't take much to come off the rails
So tired of seein' tears rollin' down her face
But habits are harder than hearts to break

I know that same blood runs through me
That demon hidin' wants everything
I know the roads I won't go down 'cause I have seen

How it tears you up
It wears you down
You want to quit
But you can't get out
Habits are harder than hearts to break
Habits are harder than hearts to break
Back on the track
You brace yourself
Cause it don't take much to come off the rails
So tired of seein' tears rollin' down your face
But habits are harder than hearts to break