I know that you've been so down
I'd fix it, but I don't know how
Issues gettin' way too loud
Taking up too much space
Don't take, take it personal
We've already been far down this road
I've said it all, and I hit a wall
Got two cents that you won't take

I must be magnetic Got a therapist aesthetic But you keep forgetting, yeah

I'm barely twenty something
I feel like I know nothing
Still get scared when the lights go out
Call my dad when the car breaks down
I'm twenty something
Nowhere near done adjusting
Still got words that I can't pronounce
All grown up but I'm barely twenty something

I hear you, but it's way too much
Your breakthrough feels like breakin' up
And my heart always takes the punch
Knocking me out for days
You say it's hard to comprehend
The venting never has an end
You come back like a toxic trend
Hopin' it's just a phase

I must be magnetic Got a therapist aesthetic But you keep forgetting, yeah

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I'm twenty something
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All grown up but I'm barely twenty something

I'm still drawing shapes on windshields
Like I did when I was eight
I know you've got a lot that's on you
But I just can't relate
I'm sympathetic
But no paramedic
Yeah, you keep forgetting
You keep forgetting

I'm barely twenty something
I feel like I know nothing (Nothing)
Still get scared when the lights go out (Lights go out)
Call my dad when the car breaks down

I'm twenty something (Ooh)
Nowhere near done adjusting (Yeah)
Still got words that I can't pronounce
All grown up but I'm barely twenty something