

# The Process

Jeru the Damaja

You know, as I've grown  
I've grown  
And as I've learned  
I've learned  
I realized that  
My greatest goal in life is to just be  
A better person than I was in the past

Man, listen  
I'm just tryna fulfill my mission  
Gain knowledge and wisdom and travel to different dimensions  
Spread love, that's the highest form of understanding  
You comprehend if you discern knowledge comes before wisdom  
And know that life is the result of molecular fission  
Misunderstanding the product of myopic vision  
Foolish consistencies, self-imposed mental condition  
Free as a bird, you can keep your mental prison

I've flown a lot, so now before I speak I look and listen  
Value sleep, exercise, and proper nutrition  
I've learned my place and I know my place is where I make it  
I'm sharing these jewels so if you want it you can take it

Persistence overcomes resistance, so be patient  
Strike when the time is right, you only know that time by waitin'  
We think we won't but sometimes it can take years to awaken  
And those acting they know it all are the ones that are fakin'  
Many times I was wrong and felt right but it's all part of the process  
God bless ya life

You know  
You have to fall in love with the process  
'Cause you are the process  
And really that's what it is

Free-floating, like the universe and cost emotion  
Trying to kick the internet but all that dope is so potent  
Philosopher's stone, we are looking for that magic potion  
But it takes finesse, you'll never pry your third-eye open  
And if you go by what you've heard, your eye third open  
And it's not real until you act, even if words are spoken

Sometimes this hope can get so thick it can feel like you're choking  
And if you're not careful how you're moving, you'll wind up broken  
They love you when you're up, that love fades when you're down  
One day you look up and guess what, nobody's around  
So keep your spirit high although your body's on the ground  
Clean on your grind, because the best bread it's stone brown

Lies when you sniff 'em like a bloodhound  
Fake people, see through 'em like ultrasound  
The only thing that matters is dude, your true best  
Forget everything else and fall in love with the process