

The Process

Jeru the Damaja

You know, as I've grown
I've grown
And as I've learned
I've learned
I realized that
My greatest goal in life is to just be
A better person than I was in the past

Man, listen
I'm just tryna fulfill my mission
Gain knowledge and wisdom and travel to different dimensions
Spread love, that's the highest form of understanding
You comprehend if you discern knowledge comes before wisdom
And know that life is the result of molecular fission
Misunderstanding the product of myopic vision
Foolish consistencies, self-imposed mental condition
Free as a bird, you can keep your mental prison

I've flown a lot, so now before I speak I look and listen
Value sleep, exercise, and proper nutrition
I've learned my place and I know my place is where I make it
I'm sharing these jewels so if you want it you can take it

Persistence overcomes resistance, so be patient
Strike when the time is right, you only know that time by waitin'
We think we won't but sometimes it can take years to awaken
And those acting they know it all are the ones that are fakin'
Many times I was wrong and felt right but it's all part of the process
God bless ya life

You know
You have to fall in love with the process
'Cause you are the process
And really that's what it is

Free-floating, like the universe and cost emotion
Trying to kick the internet but all that dope is so potent
Philosopher's stone, we are looking for that magic potion
But it takes finesse, you'll never pry your third-eye open
And if you go by what you've heard, your eye third open
And it's not real until you act, even if words are spoken

Sometimes this hope can get so thick it can feel like you're choking
And if you're not careful how you're moving, you'll wind up broken
They love you when you're up, that love fades when you're down
One day you look up and guess what, nobody's around
So keep your spirit high although your body's on the ground
Clean on your grind, because the best bread it's stone brown

Lies when you sniff 'em like a bloodhound
Fake people, see through 'em like ultrasound
The only thing that matters is dude, your true best
Forget everything else and fall in love with the process