Congratulations
Come a long way, you're important
So why the long face?
May you never take precautions
So happy birthday
Yeah, you got this, you look gorgeous
And even when it hurts
Can throw it in reverse
It's only getting worse, eh?

You've come a long way, doing okay
If you need a hand, you can cry on my shoulder
Come a long way, such a long way
You want to grow up but you just grow older
Grab a bucket of beer for your shame
Fuck that, no you can't
Bucket a beer no longer
I know it's in there
Whatever's in there get it out

I guess you found out
What you got there in a crisis
It wasn't easy
No you been there, got your license
So hallelujah
Get it out there, fucking righteous
And even now it hurts
Throw it in reverse
Who knows what you're worth eh?

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If you need a hand, you can cry on my shoulder
Come a long way, such a long way
You want to grow up but you just grow older
Grab a bucket of beer for your shame
Fuck that, no you can't
Bucket a beer no longer
I know it's in there
Whatever's in there get it out

It's not about what they told you
It's just how you feel
I'm only starting to discover
What is real
It's not about what they told you
Just happens to be
Tearing down and building at the same time

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I know it's in there
Whatever's in there get it out

All of that blood that you're made of Get it out
Nothing to be so afraid of
Get it out
It's not a win, it's a trade off
Get it out
I know it's in there
You know it's in there get it—
Whatever's in there get it out

Get it out