

Happier

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I might be going crazy
Feel like my therapist hates me
He said I'm overdramatic
I only register static

I've been drinking too much coffee
And I can't read a book
Cause I'm addicted to my phone

And I've been trying meditation
Cause I heard it gives you superpowers
But why does every breath feel like I'm drowning?

I'm a mess half of the time
I don't know what's going on in my mind
Oh, I thought I would be happier, be happier by now
I'm a mess half of the time
Try to hide behind a smile
Oh, I thought I would be happier, be happier by now

But when I turn the news on
And see how the world is burning down
God, I feel so ashamed
Of all of my little problems

The other day I had a fight with my dear brother
He said: you're such a hypocrite!
So, I've given up on meditation
Cause obviously it's not working

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How the hell did my parents do this?
Having kids at twenty-five
I'm almost thirty and I can barely
Keep my plants alive

I'm a mess half of the time
I don't know what's going on in my mind
And I thought I would be happier, be happier by now
I'm a mess half of the time
Try to hide behind a smile
Oh, I thought I would be happier, be happier by now

Happier, happier, happier, happier by now
Happier, happier, happier, happier by now