Songwriters: Batson, Mark; Parker, Dawaun; Carter, Shawn; Payne, Chrisette; Young, Andre;

It's not a diss song, it's just a real song
Feel me?

I heard *** sayin' they made Hov Made Hov say, "Okay, so make another Hov" *** wasn't playin' they day role So we parted ways like Ben and J-Lo

I should been did it but I been in a daze though I put friends over business end of the day though But when friends, business interests as they go Ain't nothin' left to say though I guess we forgot what we came fo'

I shoulda stayed in food and beverage Too much flossin', too much Sam Rothstein I ain't a *** but I gotta divorce them Hov had to get the shallow *** up off him

And I ain't even want to be famous

*** is brainless to unnecessarily go through these changes

And I don't even know how it came to this

Except that fame is the worst drug known to man

It's stronger than heroin
When you could look in the mirror like, "There I am"
And still not see what you become
I know I'm guilty of it too but not like them
You lost one

Lose one, let go to get one
Let one, lose some to win some
Sorry, I'm a champion, sorry, I'm a champion
You lost one

I don't think it's meant to be, B
But she loves her work more than she does me
And honestly, at twenty three
I would probably love my work more than I did she

So we ain't we, it's me and her
'Cause what she prefers over me is work
And that's where we differ
So I have to give her free time even if it hurts

So breathe, mami, it's deserved You've been put on this earth To be all you can be, like the reserves And me? My time in the army, it's served So I have to allow she, her time to serve

The time's now for her, in time, she'll mature And maybe we can be we again like we were Finally, my time's too short to share And to ask her now, it ain't fair So yeah, she lost one

Lose one, let go to get one
Let one, lose some to win some
Sorry, I'm a champion, sorry, I'm a champion
You lost one

My nephew died in the car I bought So I'm under the belief it's partly my fault Close my eyes and squeeze, try to block that thought Place any burden on me but please, not that, Lord

But time don't go back, it goes forward Can't run from the pain, go towards it Some things can't be explained, what caused it Such a beautiful soul, so pure ***

Gonna see you again, I'm sure of it 'Til that time, little man, I'm nauseous Your girlfriend's pregnant, the Lord's gift Almost lost my faith, that restored it

It's like havin' your life restarted
Can't wait for your child's life, to be a part of it
So now I'm child-like, waitin' for a gift
To return when I lost you, I lost it

Lose one, let go to get one
Let one, lose some to win some
Sorry, I'm a champion, Colleek, you're a champion
I lost one