

Self Less

Jason Reeves

I turned my heart into an island
Feeling sorry for myself
And now the water's only rising
So on the beach I wrote "Help"
S.O.S. I'm such a mess
I musta forgot how much I'm blessed
Still circle-navigating the dark side of
My imagination

And it's obvious I lost perspective
I'm falling in the wrong direction

I should think about myself less
Think I've been a little selfish
And I could use some real reflectin'
Far away from my reflection
I've been feeling helpless
And the only way to help it
Is to turn the mirrors into windows
See outside my skin again
Think about myself less
Be a little more selfless

Been ignoring everybody
When I really need em most
Feeling stuck inside my body
When it's really just a host
Of my soul and a lonely ghost
Of all the things that matter the most
Like love I could be giving
To all the ones that wanna give it back

That ocean fits inside a thimble
The secret to this life is simple

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