Help me, it's like the walls are caving in
Sometimes I feel like giving up
But I just can't
It isn't in my blood

Laying on the bathroom floor, feeling nothing I'm overwhelmed and insecure, give me something I could take to ease my mind slowly Just have a drink and you'll feel better Just take her home and you'll feel better Keep telling me that it gets better Does it ever?

Help me, it's like the walls are caving in Sometimes I feel like giving up
No medicine is strong enough
Someone help me
I'm crawling in my skin
Sometimes I feel like giving up
But I just can't
It isn't in my blood

It isn't in my blood

And I need somebody now

Looking through my phone again feeling anxious
Afraid to be alone again, I hate this
I'm trying to find a way to chill, can't breathe, oh
Is there somebody who could help me

It's like the walls are caving in Sometimes I feel like giving up No medicine is strong enough Someone help me I'm crawling in my skin Sometimes I feel like giving up But I just can't It isn't in my blood

It isn't in my blood

I need somebody now
I need somebody now
Someone to help me out
I need somebody now

Help me, it's like the walls are caving in
Sometimes I feel like giving up
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