

In A Moment

Jann Arden

When the dust all settles
And you've had your fun
And you're left with yourself
And your chest is still heaving
And your heart slows down
And the room gets quiet
But the ringing picks up
And you catch yourself
In a blurry turn
And you ask for something
But you can't quite see
But you know it's in a moment

And the doubt fills up
Like milk being poured
From the inside out
From the inside out

Oh and you know, and you know
And you know, and you know
And you know, and you know
And you know, and you know

With your heart in my throat
I can still feel your breath
But the shards of this
Are all that's left
I stumble around
Drag it out from my head
Oh can't we go back
To the sand and the wreck
Like a child I cry
To the way up high
Like a dog limping home
From the fight of her life

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Like milk being poured
From the inside out
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