

## Waking Up

### Jamestown Story

Are you just waking up? Can you see the sun down there?  
Have you had enough? All your walls are closing in  
So take those pills you love but they won't cover up the lies  
or get you high enough to forget that you've chosen this life  
I know I know I know that you've fallen  
get up, get out of the hole that you've crawled in  
Don't waste your time don't think you can't save yourself  
One little word can break the spell

No, to those artificial getaways  
No, to the chemicals that flood your veins  
Damned if you don't, hope if you just say no  
Damned if you don't, hope you can just say no

So that grave you dug, is it deep enough to hide  
from the ones you love? Buried in your selfish pride  
You've been searching for so long but you've missed every sign  
pushing limits chasing demons now you've crossed the line  
I know you know I know that you're falling  
climbing too high, too fast, and then stalling

You need to change get out of your own way  
you've gotta find the will to say

No, to artificial getaways  
No, to the chemicals that flood your veins  
Damned if you don't, hope if you just say no  
No, to any fix sold quick and cheap  
No, to that rush they sell you on the street  
Damned if you don't, hope if you just say no  
Damned if you don't, hope you can just say no

I know I know I know that you've fallen  
get up, get out of the hole that you've crawled in  
climbing too high, too fast, and then stalling  
won't stop the pills, the demons from calling  
Say no, say no, say no, man you've got this  
You know, you know, you know you can stop this  
Damned if you don't you've got to take control  
Life is a train and you're the conductor  
choosing your fate, derail and destruct or pull on the brake th  
ere's hope it's never too late