Just trying to focus, just trying to focus It's harder than they make it out Trying to focus, trying so hard (so hard) Breaking my bones and it feels so good Say I'm dishonest, I disagree How does it feel it my hands Finally Inadequacy, plagues me

She taught me to love myself
She showed me that I'm enough
She taught me to see, taught me to be
And I know my blood is hers
'Cause she went and gave it up
Sacrificed herself for me

(I'm smart)
(I'm strong)
(I'm strong)
(I'm kind)
(I'm kind)
(And I'm)
(Happy)

My home is inside these walls But I don't belong here Sooner or later, you'll see

You taught me to love myself
You showed me that I'm enough
You taught me to see, taught me to be
And I know my blood is yours
'Cause you went and gave it up
And now that I have my own
There's so much in this world that I adore
(Woah)