Tell my mother I wish that I never gave into the temptation Tell my brother, my past was affected by his intimidation, oh I don't wanna be mad but I'm sick of losing all of my patience On people that I should love

Tell my father I thought he would give a little more to our family Tell my daughter I wish I were there when she got back in that taxi, oh I don't wanna be sad, but I don't believe I've ever been happy And now that we've all lost touch

I'm left alight like a cigarette Cast away without a thought now I have no evidence That we share the same blood

How am I meant to love myself when Feeling low is sown to my heritage? If I try harder to explain I will only push you away How am I meant to love myself when I believe deep down I'm irrelevant? All I ask is don't forget me

Tell my wife she was right, I'd be seeking out the scent of her fragrance As I learn what it's like to be heavy in a body so vacant Still our minds will collide leaving me with nothing but a headache As I push to the side any thought of you I cannot erase

I'm left alight like a cigarette Cast away without a thought now I have no evidence That we were once in love

How am I meant to love myself when Feeling low is sown to my heritage? If I try harder to explain I will only push you away How am I meant to love myself when I believe deep down I'm irrelevant? All I ask is don't forget me

Remind me not to fall in love
The aftermath is far too much
If all I am is all you are
Then without me, we'll fall apart

How am I meant to love myself when Feeling low is sown to my heritage? If I try harder to explain I will only push you away How am I meant to love myself when I believe deep down I'm irrelevant? All I ask is don't forget me