

One Step Back

Jack Gray

I don't know what state I'm in
These tiny towns are blending in
I don't know where I'm going
Hardly know where I've been
And I should call my mum and dad
It's been a while since I've had
A simple conversation
Nostalgic medication

I got too caught up in my own wave
I keep on skipping to the next page
Maybe I forgot about the little things I used to do
Maybe I just need a moment

One step back, I gotta take
One step back, I need to take
One...
One...
One step back, I gotta take
One step back, I need to take
One...

I'm lucky to be where I am
I hope I don't forget again
It's hard to be consistent
When the pressure's shifting
I wanna see my school friends
Over DnM's and cold cans
Stop thinking bout the future
Like it's all we got to live for and I'll admit

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Right before I lose myself I
Right before I lose myself I
Gotta take, gotta take, one step
Gotta take, gotta take
Right before I lose myself I
Right before I lose myself I
Gotta take, gotta take, one step
Gotta take, gotta take