

Paranoid

Jack & Jack

(Oh shit, not this feeling again)
(It's starting to creep in)
(I think it's all inside my head) Hey, I think it's all in my head

Uh, I pretend like nothing's wrong with me
Smokin' weed and poppin' these pills
Just to help me focus, I'm open to new philosophies
But it's all hypocrisy, I'm stuck in my ways
Convinced myself the world's ending like hitting bumps on a plane
Turbulence been insane, so much pressure inside my head
I'm trying to find a parachute, jump outside of the jet
In a place where nobody knows me and the sun never sets
'Cause in the nighttime I can't seem to rest, I'm wide awake

I've been here a hundred times before (Uh, a hundred times before)
My ex still got me paranoid (Yeah, got me paranoid)
Like who could that be knocking at my door?
Ohhh

Oh shit, not this feeling again
It's starting to creep in
I think it's all inside my head
So I just pretend
Oh shit, not this feeling again
It's starting to creep in
I think it's all inside my head
So I just pretend

The green grass a little greener on this side
The birds trippin', singing songs on the hillside
Does everybody feel that beauty inside of me?
Excuse me, apologies, that's the psilocybin that's talking, uh
I take a deep breath, I come down, got me stressed
Mind racing like a bee's nest
So chaotic all these problems I make up in my head
I'd rather pour a little something instead
Forget about it, yeah

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