

I Can't Adult Today

J Rice

When I don't have an answer I just play a couple chords
That's the only thing lately that I've been looking forward
Life has gotten complicated, so hard to navigate
I lost my whole imagination when I lost you the day

And I've been drinking out the bottle of an old kombucha tea
Thinking 'bout tomorrow gives me acute anxiety
'Cause I'll be waking up without you and you'll be waking witho
ut me
Going 'bout our day, trying to block those memories

Well, I just can't adult today
Some millennial told me that's what they say
I know I can't adult today
I've got so many things to do
It's hard when I think about you
And I know, we're through
I just can't adult today
Without you

I guess I'm co-dependent, probably narcissistic too
My heart and lungs won't function, and it's all because of you
You were everything I wanted, that I never even knew
A body of a goddess, and demeanor of a dude

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