There are times when the world feels like its closing in on us There are times
When our doubt and fear can get the best of us
Its not so surprising
It feels like youre dying
The moment when everything starts falling apart
You dont realize it
but you can survive it
The only thing you need to do is
follow your heart

Dont be afraid
In the morning you will know
you wont feel this way for long
Im saying..

Dont be afraid See how far that youve come you have only just begun to make it

You will find
there is more to you when you begin to try
you will find
that life's hardest part becomes your favorite times
Just keep your eyes set
on the horizon
even when everything is falling apart
You wont need reminding
or require guiding
as long as you remember just to
follow your heart

Dont be afraid
In the morning you will know
you wont feel this way for long
Im saying..

Dont be afraid
See how far that youve come
you have only just begun to make it

Dont run away
dont hide inside
Dont dig a hole
jump in and close your eyes
Theres a stand to make
you got a chance to take
dont let it slip away now
everything bends before it breaks
(X2)

Dont be afraid
In the morning you will know
you wont feel this way for long
Im saying..
Dont be afraid

See how far that youve come you have only just begun to make it (X2)