

# Don't Stop, Spread The Jam!

## Infectious Grooves

Conversations that no one's supposed to hear  
My thoughts are hazy, but the weather says it's clear  
Please don't confuse what was said with what you heard  
Destroy the meaning to the point of the absurd  
Oh it's a thought, full of rot  
Take what you got, it hits the spot  
So you can be all that you can  
Oh it's a trip, so unhip  
Watch out don't slip, give it some zip  
And put some action to your plan!  
Don't stop, spread the jam!  
Oh it's your pick, call it sick  
But make it click, and watch it stick  
Just make sure you understand  
Go on attack, don't look back  
You cannot lack, break from the pack  
Get your head out of the sand!  
Don't stop, spread the jam!  
Looking through the reflection in the mirror  
An inspiration for the failure that looms near  
Pollute the principle, distort the truth and find  
Take one step further, and you're still three steps behind  
Don't stop, you gotta spread the jam!  
Slip out the door but don't lock it, you will return  
It is not the action but from the thought you will learn  
Pay attention...pay the price, then count your change  
Flip flop the average, what was normal now is strange  
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