watching you like this tears me apart you regress your feelings the guilt is all mine I can't forget a feeling like it meant nothing torn in two as you regress this frustration this walls are closing in on me - my wrists feel so weak this urge never overcame me so strong like thorns in my eyes I hear your voice still silent in my ear in dreams I smile - in consciousness I cry what happened to the promises? your lies and hatred you shut me out became what you despised magnified I know it would hurt you but I wish I could just wake you up you're not waking up this time set yourself up for self-destruction again you're not waking up