

# Beef And Broccoli

## Immortal Technique

Look, let me make something abundantly clear for people  
that are so bereft of activities  
they feel like they gotta comment on every one of mine  
First of all, being a vegetarian should never be associated  
with being a revolutionary or being open minded, that's a dietary choice  
If someone wants to proliferate the type of ignorance  
we're supposed to be fighting by thinking that, you're just fucking yourself  
I don't go around promoting beef and poultry shoving it in peoples faces  
I don't castigate people for not eating steak sandwiches  
And I would never diss someone for being a fucking broccoli head  
or living off radishes or eating grass with tofu  
I like a lot of vegan cuisine but the illogicality  
of expecting everyone to adopt your particular idea  
of what being healthy is, is just preposterous  
I've seen some of you herbivores, and if you wanna argue health  
y'all need to eat some kind of supplement  
because some of y'all are so skinny that it's disgusting  
Lookin like the only hip hop motherfuckas on Schindler's list  
Being a malnutrition ass got nothing to do  
with being revolutionary or being on point  
I'll be damned if I let somebody else push their agenda on me  
You know, I don't eat pork, not cause I'm a Muslim  
I just don't really like it, but I really will fuck a bird up  
And fish is good when that shit is fresh  
It's like my nigga Vast Aire from Can' Ox said  
If you don't like the smell of burning meat, then get the fuck  
off the planet  
You know, I don't criticize people for eating moss  
And don't open your fuckin mouth about my food man  
I like beef and broccoli motherfucka, mind your God damn business  
Matter of fact, you know what? I'm out  
I feel like a some aronco pollo, a banana daiquiri  
and a motherfuckin bistelpanado