

I Myself & Me

Illy

Ay, I woke up start scrolling that's a day gone
Caught up on all the latest shit to hate on
Attention span as short as the day's long
I go to sleep rinse repeat play the same song
Inner monologue won't chill wish I could jus
Click my fingers and it become real
Hell nah, I get my fill 'til shit done spilt
Oh my bad ya sick of me, how you think I feel?
Lucky you tuning out best be counting your blessings
Try living with it 24/7, shit's a blast
I'm always in the wars, it's the cure and the cause
If the mind is a weapon mine a double-edged sword
Great outcome, I found my success came out of
The same place, the self hate sprouts
Insecurities and doubts like keys to the house, cause
Baby I don't leave home without 'em, no no

Before they get a word in, gotta deal with I, myself and me
And I ain't even heard 'em, over all the talk internally
And getting out of my head is never that easy
It's like my thoughts are songs, they playing all day long, wait

Hold up, give me a second
Hold up, one moment please
Hold up, I'm over hearing
I, myself and me
Oh man, I drive me crazy
Oh man, just give me peace
Oh man, I swear I'm done with
I, myself and me

Hold up, oh my god, this absurd
Gimme space bro, I gotta put in work for these verses
If you don't want every third word as a curse
Tell me what part of do not disturb you ain't heard, huh
I need a second to collect my thoughts
The problem is with brainstorming when it rains it pours
'Til I'm way overboard, keeping head above water
When change is a chore, trying to tame it is torture
I'm like damn, gotta draw a line somewhere
I came here to run here, I been here I'm done here, I'm gone
My head ain't done in from any
He said or she said, but I said or me said? It's on
Stop steps before the first
Having conversations without saying a word
Red alert every day like disaster imminent
This for those sharing their head with their harshest critic
It's like damn

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Just fuck off, fuck off, yeah
Oh my god, just fuck off, fuck off, yeah
Everyone just fuck off, fuck off, yeah
Oh my god, just fuck off, fuck off, yeah