Now everybody's Twisting and The Pony too But I've got a dance called The Tinaroo

You take two steps forward and two steps back
And then you start a little moving in your sacroiliac
And then you clap your hands and you stomp your feet
You steal around and you jump with the beat
Everybody's doing The Tinaroo
It's really something different and it's easy to do

You take two steps forward and two steps back
And then you start a little moving in your sacroiliac
And then you clap your hands and you stomp your feet
You steal around and you jump with the beat
Everybody's doing The Tinaroo
It's really something different and it's easy to do

Doing this dance is really in style
It's really something different and it's really wild

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And then you start a little moving in your sacroiliac
And then you clap your hands and you stomp your feet
You steal around and you jump with the beat
Everybody's doing The Tinaroo
It's really something different and it's easy to do

Come on, get with it now Ah yeah