

Attachment Theory

IDER

Coming on strong but leave before the feeling
Turning it on, pretending I'm not insecure
I don't wanna love that way
I don't wanna love that way no more

I blame it all on my childhood
I chase it back to where I get it from
I don't wanna love that way
I don't wanna love that way no more

Reading attachment theory
Trying to diagnose myself
I'm giving up, I swear to God
This has gotta be somebody else
Tell me a different story
Haven't I heard this one before?
It only leaves me lonely
And I don't wanna love that way no more

I'm obsessed with winning back my exes
Letting them beg, then leave them like I did before
I don't wanna love that way
I don't wanna love that way no more

So tough and hopelessly avoidant
You don't see me lying on the kitchen floor
I don't wanna cry that way
I don't wanna cry that way no more

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I can change, I wanna change, can I change it?
This time it'll be different, I swear it
I can't trust, and there's no one left to blame here
So ambivalent, it all feels the same, but I'm...

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