I'm down again
And I don't know how to tell you
But maybe this time I can't come back
Because I might be too far down

I wish for real
That I could turn it on and off
Like hot and cold and up and down
Because I'm down again

I'm too far down
I couldn't begin to smile
Because I can't even laugh or cry
Because I just can't do it

If it was so easy to be happy Why am I so down?
All I can do is sit and wonder if it's going to end Or if I should just go away forever

When I sit and think
I wish that I just could die
Or let someone else be happy
By setting my own self free

And you don't want the emotion Because the taste it leaves is for real But nothing's ever real until it's gone And I might be too far down

And is this just another thrown away
Or is this the end of the whole stupid road
But you wouldn't want to know how I feel anyway
Because the darkest hole is at the end of the road

I'm down again
And I guess I'm not the only one who dreams
That there's not any way to tell you
Because I might be too far down, too far down