I can barely breathe
And my heart just skipped a beat
Hands are shaking
Feel like breaking out
But I don't know
Which way to go

I could play it safe
But I been down that road before
And even though I am afraid
I could give it a try
Change up my game
Open that door

I gotta make my own mind up
'Cause all of my time's up
I gotta trust I'll find my way
One foot in front of the other
One way or another
Today could be the day
I find the me
The me I'm meant to be

An eagle doesn't ask if he can fly
He spreads his wings and takes to the sky
He don't need a reason why
So why do I?

I could take a chance I could risk at all Climb the mountaintop And jump to fall

Listen to the voice inside And like the eagle Let the wind be my quide

I gotta make my own mind up
'Cause all of my time's up
I gotta trust I'll find my way
One foot in front of the other
One way or another
Today could be the day
I gotta make my own mind up
'Cause all of my time's up
I gotta trust I'll find my way
One foot in front of the other
One way or another
Today could be the day
I find the me
The me I'm meant to be