The rhythm is both the songs manicle and it's demanicle charge... The rhythm (20x), I'm Everlast born to be a caucassion but it makes no difference what persuasion you are As long as you know how to get up on the floor and start workin' a sweat To a musical measure that makes you move as soon as the needle drops into the groove So get up and dance to the gift I'm giving, forget about your troubles get into the rhythm The rhythm (Talking about the rhythm) (10x)...Yo, yo, you know what the world needs? Rhythm! The rhythm (Talking about the rhythm) (10x)...You linger for the rap singer, when Donald D brings the party to the deal my presence is felt world wide You don't dance to this it's suicide Put your hands into the air on, the M.C. cop, the girlies are pipen' hot Natorious Lama is how I'm livin' don't step to me step to the rhythm Step to the rhythm The rhythm (Talking about the rhythm) (10x)...You make me feel so hot like I said before we need rhythm, The rhythm (Talking about the rhythm) (5x)... All we need is rhythm... Listen to the tracks that rolls, watch the mic as it glows The lethal weapon got you trapped in this dance mode Ice-T's throwin' words at you like dodge ball y'all You gotta move get hit, if you get hit, you fall, no jokin', no boastin' and no bragging Grip the mic like a .44 magnum, dust you off if you suck 'cause I ain't You want me to write soft rhyme's, Sorry, I can't, I write the rhythm The rhythm (Talking about the rhythm) (10x)...We need rhythm for the world to have peace and unity We must first have... BOOM!