

Good For You

Hothouse Flowers

I've spent my life watching sky and sea change colour
hypnotised by
The beauty of it all
And you ask me why I'm singing

Well it is good for me, it can be good for you

I've hoarded all experiences I've had
Written down all memories on a train
And you ask me where I'm headed

It can be good for you
And it's been good for me

I've seen a face in a thousand nights of dreaming
It's been calling me to take up on the road
And I'll go I will I'll keep on believing

'Cos it is good for me
It can be good for you

I've begged my family to take me
Asked them to see my point of view
And I will, I will stand my ground and face you

'Cos you are good for me
I can be good for you

I've seen a thousand nights of ardour
Got frozen by the winter of my soul
But I'm not afraid of sorrow

'Cos it's been good for me
It can be good for you

And I've woken to the sound of sweet dawn music
Where a hundred thousand songs are sung
While the earth and ocean changes
Four thousand million into one