Melancholaholic, yeah I'm a melancholaholic, yeah

If you get down, you came to the right place A safe space where you can't go wrong Pull up a chair, it's my turn to share This is where you and I belong, got my name tag on, like Hi, my name's Nick, I'm an addict Been working on tryna kick the habit And I can do it all by myself, no cry for help Instead, I'ma set off my flare for the dramatic What's it gonna take? How many more of these breakthroughs I gotta make? How many more hours out the day do I gotta waste Loving the taste of sour grapes? I mean Must be some kind of mistake Or maybe I just like it this way I got so much self to be If I could just get the help I need

If you fit the description, yeah
(Is the glass half full or half empty?)
Better fill your prescription, yeah
(I might drink it all down, don't tempt me)
Spokesman for the brokenhearted
You don't wanna get me started, no
And that's why I stay so guarded
Tryna fight my addiction
I'm a melancholaholic, yeah
I'm a melancholaholic, yeah
Yeah I think I got a problem
And don't know what else to call it
I'm a melanchola-melancholaholic

(Hi, my name is Shawn)
(Hi Shawn, do you have something you'd like to share today?)

Sometimes it kinda feels like I'm in front of a broken mirror, I'm searching my face Shovel through my dirt like I deserve some grace Looking at my reflection, but my first reflex is To try to turn away and get some personal space How the hell'd we end up here? I'm tryna raise a little hell but it's been a rough year I wanna tell you what I've felt if you'd lend that ear I'm tryna hear that bell communicate that clear But evidently I don't know ya like I think I do Cos I'm pre-assuming that you'd even let me speak to you School of hotbox, never learned to keep my cool The freakazoid that be avoiding all the peek-a-boo Gotta jump back and excuse myself From a momentary lack of existence It doesn't even make a difference Why I keep coming up missing, man, listen

If you fit the description, yeah (Is the glass half full or half empty?)

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