

I could say it right now  
But it's not the time  
I see those friendly faces but they only make me anxious  
I could shout it out loud  
In the crowded space  
People have been hoping but never been that open

There's not much left to do  
Even less to say  
But glued together moments  
Just to throw them all away  
I am looking for a change?  
A way to mend?  
Something tells me different  
But I know it never ends

I've been here before  
Don't you know it's all the same  
I've been here before  
Don't you know you're not to blame  
For feeling  
(Anxious)

This head won't quiet down  
For a single thought  
I'm most certain a circle psychopathic  
Barely up I just forgot that  
I could say it right now  
I could make the time  
People have been open and finally breaking open

Tried screaming but I won't believe it  
I'll tell them what they want to hear then  
Just give me a week or two to find it  
Then maybe we'll get back to the place we started

I've been here before  
Don't you know it's all the same  
Don't you know you're not to blame  
I'm thinking that  
I've been here before  
Don't you know it's all the same  
Don't you know you're not to blame  
For feeling

Tried screaming but I won't believe it  
(I've been here before)  
I'll tell them what they want to hear then  
(Don't you know it's all the same)  
Just give me a week or two to find it  
(Don't you know you're not to blame)  
Then maybe we'll get back to the place we started  
(For feeling)