Back and forth!

Just because you are worn out
Doesn't mean that you go home
Just because you have no one
Doesn't mean that you're alone
Just because you want something
Doesn't mean you throw yours away
Just because you think it's old
You'll regret it the next day

Oh back and forth
I get what I want
Then I don't want it no more

Back and forth
Give back what I had
Then I want what I had before
What I had before

Just because you're up high
Doesn't mean that you're above
Just because you've got your lust
Doesn't mean that you're in love
Just because you're so lost
Doesn't mean you won't find your way
Just because you did nothing
Another wasted day

But back and forth
I get what I want
Then I don't want it no more

Back and forth

Give back what I had

Then I want what I had before

What I had before

Help me This time

Well back and forth
I get what I want
Then I don't want it no more

Back and forth
Give back what I had
Then I want what I had before
What I had before
Back and forth
Back and forth
Back and forth
Back and forth
Back and forth