

You Can Rest

Hillary Scott

When your weary heart is hurting or you're feeling so alone
When you think that you're a burden or nowhere feels like home
When everything feels like it's changing and you don't understand why
Trying so hard to be strong and brave but so tired you wanna cry
Don't forget as you fall asleep to lay it all at the Father's feet

You can rest, you can rest
In the one who never breaks His promises
Close your eyes, talk to Him
When you're scared and feel the darkness rolling in
In your worry and your pain, just breathe in and out His name
Jesus, oh, Jesus
And you can rest

When you're looking in the mirror and you're struggling to believe
Am I really who He says I am, or will God give up on me?
When anxiety is yelling and it's drowning out today
When it's hard to see tomorrow and you don't know how to pray

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Close your eyes, talk to Him
When you're scared and feel the darkness rolling in
In your worry and your pain, just breathe in and out His name
Jesus, oh, Jesus
And you can rest

You can rest

Don't forget as you fall asleep
You are safe at the Father's feet

You can rest, you can rest
In the one who never breaks His promises
Just close your eyes and talk to Him
When you're scared and feel the darkness rolling in
In your worry and your pain, just breathe in and out His name
Jesus, Jesus
Oh, Jesus
And you can rest
You can rest