Someway, somehow I need to get back to a place where I feel safe. Get my body back on the track, I'll keep going cause I can't wait. Circling the country, running on empty, Need another crowd, feeling so lonely. Moving too fast, breathing too slowly. Bury it all, time to only, Stay somewhere for longer than a sundown. To rest my eyes and firmly can keep both feet on the ground. I close my eyes take me there, anywhere away. Feels like heaven, baby. Cause all that we need is the courage to breathe. To write a page full of words I wear my heart on my sleeve. And a moment to sleep in the safety of our dreams. Now I'm okay. I need somebody, someone right now to tell me I'm okay. I'm doing this thing all right, Making progress everyday. Circling the country, running on empty, Need another crowd, feeling so lonely. Moving too fast, breathing too slowly. Bury it all, time to only, Stay somewhere for longer than a sundown. To rest my eyes and firmly can keep both feet on the ground. I close my eyes take me there, anywhere away. Feels like heaven, baby. Cause all that we need is the courage to breathe. To write a page full of words I wear my heart on my sleeve. A moment to sleep in the safety of our dreams. And now I'm okay. (So listen up) Let's give it all we've got. Come on, baby. (Let's give it all we got.) Let's give it all we got. I know they can't take everything away, Take everything away. Cause all that we need is the courage to breathe. To write a page full of words I wear my heart on my sleeve.

And a moment to sleep in the safety of our dreams.

Now I'm okay.