

This ain't a sauna, you won't see me sweat
The guitar's only time that I fret
Show emotions, they could be a threat
So I can't let them ever get
Outta hand, I'm just tryna keep my cool
Like I got a fan and I was told that
You should never [?] so I just gotta keep it quiet
Let the curtain close, as far as hurting goes, well

I gotta keep it moving, that's the same taste
A rock and a hard one, the same place
Better or worse, was better or worse
In the end you gon' probably see the game face because

I keep feelings all to myself
I don't share 'em with no one else
I know I need to get some help
I'm selfish, I can't help this
You say baby you need to share
I think nobody's gonna care
I know, baby I'm aware
I'm selfish, I can't help this

Is it the way that I just hide my fears
From your family and my peers
And I don't ever cry too loud
'Cause I just feel like no one hears
Egotistical with pain
Self-centered with all my shame
And I just feel like I'm to blame
Any time that I complain

I keep feelings all to myself
I don't share 'em with no one else
I know I need to get some help
I'm selfish, I can't help this
You say baby you need to share
I think nobody's gonna care
I know, baby I'm aware
I'm selfish, I can't help this

I keep feelings all to myself
I don't share 'em with no one else
I know I need to get some help
I'm selfish, I can't help this
You say baby you need to share
I think nobody's gonna care
I know, baby I'm aware
I'm selfish, I can't help this