I'm rough and tough and all that stuff
I make you dance and prance 'til you huff and puff
There's just no way you can get enough
of ME, yo' Mister, Big Stuffff!
I'm the overweighter, prince dominator
Emcee Heavy D, constant weight gainer!
And since I choose, the weight not to lose
I will stay THIS way, so that I can bruise
emcees around, who front and frown
You go round for round, I go pound for pound
At the end of the party when you're sayin g'night
Don't come to me and say "take it light"
I'm your Mr. Big Stuff

I'm a quick rhyme shooter, rap rookie, recruiter I always say could, never ever say coulda I'm healthy and stacked, not a beast or all fat I get applause and awards every time I rap I love the way I am, I would NEVER switch! I'm the greatest entertainer since a porno flick You move and groove to my funky tune Party people, it's TIME to make room for your Mr. Big Stuff

Rock it, Big Stuff, the record, me the mastermind A top dollar money better, go get a, designer A fly girl lover and a woman pleaser Girls come to me say "Heavy let me squeeze ya" An incredible, overweight huggable prince, a bold treat, that's why I'm so lovable I got the knack to keep the fly girls shovin Two hundred and sixty pounds of good lovin They all want me, emcee Hev D The more of the beef the mo' there is to squeeze Got the juice to get loose, make you all get up You want a swig, give me a ring, Heavy D Your Mr. Big Stuff! Eddie F, break down!

Now I'm the swing beat artist with skills to kill Money earnin Mt. Vernon's where I live and chill When I walk the streets, I get MUCH respect Get hellos and what-nots from the young'uns and the vets Cause I never been beaten, rhymes are pre-sweetened Duck, punk panty emcees, stop retreatin Cause on Heavy D, you shouldn't be sleepin Takin dirty emcees, away I'm sweepin Got a tower, of power, emcees I devour Every second of the hour, I send 'em to the shower I'm cool! Not a fool, from the new school! Drinkin brew by my pool, sittin on my gold stool Gotta rock, that I drop, like a horse, on the trot When it comes to makin money, it takes what I got I know you're sayin to yourself you can't get enough But I'll be back, to attack, Heavy D