

From Up Here

Heather Nova

Our friend flew away today
And where we go, nobody knows
Bright sun on the sea today
I'm still trying to understand the way life goes

And I hear the whisper in my ear
It's like her last words to all of us
She says

"You get to hold your son
Make sure you do it
When the rain comes down
Run out into it
And feel it all
Make sure you feel it all
'Cause you get to sail out over the water
Get to laugh and cry
Give your heart to another
And when you do, make sure you give it all

'Cause looking down from above
All that matters is love
All the shadows and doubts
Disappear
There's only love from up here."

I walked down by the shore today
Remembering but trying to be here
Each breath is a gift we take
We sparkle in the light with death so near

And I hear the wind say
"Girl, you have this precious day
Go out and live it while you can

You get to hold your son
Make sure you do it when the rain comes down
Run out into it
And feel it all
Make sure you feel it all
'Cause you get to sail out over the water
Get to laugh and cry
Give your heart to another
And when you do, make sure you give it all"

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