Look at my face
I'm all sucked up
I think I'll sleep all day
I get The spins
when my eyes are shut
I hate feeling this way

FLUSH! All the puke I'm throwing UP! In the toilet this SUCKS! Not a part of growing UP! Only spoils it

Life is boring same old story get drunk, throw up, sleep all day I am something I'm not nothing I can't let myself decay

How did I get Into my bed?
I don't remember anything
How did I get this bump on my head?
It could have come from anything

FLUSH! All the puke I'm throwing UP! In the toilet this SUCKS! Not a part of growing UP! Only spoils it

Life is boring
same old story
get drunk throw up sleep all day
I am something I'm not nothing
I can't let myself decay

Tell me no gossip I don't wanna know

Jimmy got caught Smelling like beer by his mom and his dad He's grounded for a year

Lisa got popped
She got a DUI
She cussed out the cops
She's lucky she's alive

Tell me no gossip I don't wanna know

Pedro got jumped He's always starting fights Every time he gets drunk It happens all the time

Reggie OD'd From slammin heroin He's not a dope fiend he was trying to fit in

Take me Away please Oh no life blows

FLUSH! All the puke I'm throwing UP! In the toilet this SUCKS! Not a part of growing UP! Only spoils it FLUSH! All the puke I'm throwing UP! In the toilet this SUCKS! Not a part of growing UP! Only spoils it

Life is boring
same old story
get drunk throw up sleep all day
I am something
I'm not nothing
I can't let myself decay

Come on, get up, let's change! (4x)