

Negative Self Talk

Hayley Williams

Negative self-talk
A veteran self-taught
Et cetera, on and on
I'm sick of hearing myself talk

The long walk between the car and the house
I just sit behind the wheel 'til the battery runs out
Home is where we were loud, used to sing down the hall
To your signature sound

Now it's just so quiet, I hate this gorgeous house
Can't hear my heart beat over emptiness now
Chorus of my worst thoughts, drawing curtains shut
As hope takes a bow

(Now all I hear is)
Negative self-talk (Yeah, all I hear is)
A veteran self-taught (All I hear is)
Et cetera, on and on (All I hear is)
I'm sick of hearing myself talk

I write like a volcano, projectile spewing out
Quiet mind's a loaded cannon, who's it aimed at now?
And the tip of my tongue, tip of the iceberg
Turn Titanic around, let me thaw out

('Cause all I hear is)
Negative self-talk (Yeah, all I hear is)
A veteran self-taught (All I hear is)
Et cetera, on and on (All I hear is)
I'm sick of hearing myself talk

Sung over the bones of you and I
It works but in two days, he wields in my mind
I am Vasilisa, guide me through the night
Nothing more will enter me but why (Ooh-ooh)

(And I won't hear it)
Negative self-talk (Now I won't hear it)
A veteran self-taught (No, I won't hear it)
Et cetera, on and on (Now I won't hear it)
I'm sick of hearing myself talk

Ooh-ooh (No, I won't hear it)
Ooh-ooh (No, I won't hear it)
Ooh-ooh (No, I won't hear it)
Ooh-ooh (No, I won't hear it)