

One

Hanson

Put down your guard, doesn't mean that you stop dreaming
Or that you change what you believe in, all I want is us to try
Lay down your arms, doesn't mean that we stop fighting
Only that we recognize that we might shed blood for our pride

And we shout cause we cannot help ourselves, carrying on
And we try to pretend we do no wrong
So we do harm all along
We should have always been as one
One
We should have always been as one

Tear down these walls
There is a danger to our hearts
Monuments to isolation that deny us what we've lost
Make peace not war, is a cause that has no cost
Only that what you believe in, is to stand and bear your cross

And we shout cause we cannot help ourselves carrying on
And we try to pretend we do no wrong
So we do harm all along
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Give up on the man you are
The place that you've come from
Without it you might not get far
But with it you're already numb
You'll discover once the damage is done

We should have always been as one
One, one, one
We should have always been as one
One, one, one
We should have always been as one
As one as one