

## The Helix

### Hands

I am not alone. Would you clear the dust from my eyes? Would you recognize  
My voice if I should talk to you? Oh, I feel so tired. So wake me up. I  
Believe your hands hold the sun. But in the deepest of my mind,  
I question  
Everything you've done. Give me rest. I believe your breath fills my lungs.  
But it's a thought that's hard to swallow, I feel ashamed I can't hold on.  
Give me rest. I will take your hand. Just lead me through the dark. I will  
Take your hand. Don't ever let me go. "Be still and know that I am God."