

Sorry Fahey

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You don't even notice

Maybe to be an adult
To know your body keeps score
Is when you start to appreciate
Start to really appreciate

Your old bed
Your old couch
Your old black cat
Who's an asshole
Your own waistline
The ol' coastline
And the kettle
Making you tea
Ginger

You don't mind it
Maybe you never find it
But then

Sometimes
Somewhere
It starts to make sense

Maybe to be an adult
To know your body keeps score
Is when you start to appreciate
Start to really appreciate

That you could call your Pa
Or a friend
And not bail on
The thing next Tuesday
'Cause it's a new day
It's an offering
It's a kettle
Making you tea
Ginger