It's the shame, it's the pain, something I can't explain
It's a noise, it's a voice, and it screams in my brain
It's a curse, and it hurts
But I just keep goin'
I lean into the storm, it's the way I was born
Cause my fear is a flame, and it can't be ignored
Keeping faith that is blind, through the tears in my eyes
But I just keep goin'

I climb Everest
Knowing it's life or death
Oh, and my survival is suicidal
This vicious cycle
Knowing I won't ever rest
Until my dying breath
Til I have nothing left
Everest

It's the cure, it's a poison, I don't have a choice in The silent defiance, that I find my voice in Cause I have decided
To just keep going
It's the rush, it's the feeling, that keeps me believing That I have the strength, when I don't have a reason
To fight, is my vice, when I don't have the right
To just keep going

I'm counting bodies on the way
Knowing anyone could take my place
Knowing I could give my life for something
And it might all be for nothin'

I climb Everest
Knowing it's life or death
Oh, and my survival is suicidal
This vicious cycle
Knowing I won't ever rest
Until my dying breath
Til I have nothing left
Everest

All my life I've had to fight
And I don't know why I just keep going
But there's a light and I just might
Get that high if I just keep going
All my life I've had to fight
And I don't know why I just keep going
But there's a light and I just might
Get that high if I keep climbing ...

Everest
Knowing it's life or death
Oh, and my survival is suicidal
This vicious cycle
Knowing I won't ever rest
Until my dying breath
Til I have nothing left

Everest
I'll die with no regrets
Everest