

Before your time's up
These bars will open your mind up
The spirit inside ya will live on 'til time's done
But when the lights go out you might not rise up again like the sun
So embrace the present
You never know when you might lose somebody you love
Grievance hasn't got a button you can just turn off
Gotta stay true to yourself at any cost
Ascend to the sky, you won't get lost
When a loved one's here for a second then gone
Your heart beats to the sound of the drum
When someone above's still sending you signals
Letting you know you're not on your own
Hold onto your people
Coz we were born alone, we won't die alone

You will never lose face by offering a shoulder
Bring them into your space
When the world seems like it's colder
You will never lose face by offering a shoulder
Bring them into your space

I've got love for friends and family who have fallen
Regardless of distance I know none of us here wanna be forgotten
Yeah times get rough for the best of us and daily life is just way too much
Coz we're riding the waves in the ocean
Lost hope and faith and you're feeling crushed
We all need to move forward
Need to see that there's something more than what we had coz we have it all
Emotions rise then emotions fall
Feel pushed back and against the wall
A positive mind will keep you strong
Strike the match, ignite the flames, so we can carry on

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There comes a time in life when someone will want you by their side
And need you to keep them strong
Alone they fall but we are one
There will be a time
When everything's fine or so it seems
Left with memories, holding onto dreams

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