

# Process

H.E.R.

Uh

Ayy, ayy, ayy, ayy

I'm just tryin' to process what just happened  
I'm just tryin' to express what I'm feeling  
When the pressure gets too intense, burn some incense  
Stop and take a deep breath, release it

Holdin' it back like a slingshot, ayy  
Holdin' it back like hair ties, ayy  
Pullin' my shirt, just let me go, oh  
Cloggin' the drip, stoppin' the flow

You already know what time it is, don't need a Rolex  
Do you see the signs? Tell me do I need to protest  
All your old ways keep on slowin' up the progress  
Got me losin' nights, guess I'm goin' through the process (Yeah, yeah)  
I got some things that I gotta get off my chest  
Screamin' through the phone like we tryna have a contest  
All your old ways keep on slowin' up the progress  
Got me losin' nights, guess I'm goin' through the process

Pushin' all my buttons, teardrop hunting  
Say I'm off the deep end, yeah, right, you reachin'

Uh, you better stop, you better not, ayy  
I'm 'bout to pop like rimshot, ayy  
Pullin' my strings, just let me go, oh  
I'm 'bout to trip, I'm 'bout to blow

You already know what time it is, don't need a Rolex (Oh)  
Do you see the sign? Tell me do I need to protest  
All your old ways keep on slowin' up the progress  
Got me losin' nights, guess I'm goin' through the process  
I got some things that I gotta get off my chest  
Screamin' through the phone like we tryna have a contest (Yeah)  
All your old ways keep on slowin' up the progress  
Got me losin' nights, guess I'm goin' through the process

Yeah, yeah  
Hey, hey  
It's a process  
Oh, babe  
Yeah  
Oh-oh, hey, hey  
Yeah  
Oh-oh, yeah  
Oh-oh  
Oh  
Hee-hee, yeah  
Oh-oh  
Oh-oh, babe  
It's a process (Baby, baby)  
Yeah  
Oh-oh  
Oh-oh  
Oh-oh  
Oh-oh