

## **Self-Inflicted Mental Terror**

**Gulch**

Slither down the rabbit hole, a birthing canal of mental terror  
Temptations, seduction, reflections in the blood  
Showing the face of true corruption  
Swallowed secretion, spreading the infection  
Filling the void of the lungs  
Eyes hazing over, howling for the end  
The flesh becomes one with true fear

Self-inflicted mental terror  
Seeking pleasure through the endless pain  
Self-induced body torture  
Eternal torment as the mind remains