

how i'm feeling

grouptherapy.

Don't ask me how I'm feelin' (Pa-pa, pa-pa)
Don't ask what I'm concealin' (Pa-da, pa-pa-pa)
Just to tell me how to heal it (How to heal it, how to heal it)
When I just need a feelin' (I just need, need a feelin')
I just need a feelin' (Okay, okay)
I just need a feelin' (Okay, okay)
I just need a feelin' (Okay, okay)
I just need a feelin' (Okay, I just need to feel it)

I've been goin' through somethin' severely
Look and you'll notice it clearly
Don't question me if you don't wanna hear me
Don't question me if you don't wanna hear me
Why then I would rather be silent?
Work through things in my mind than
Someone giving a lifeline that
Was just a waste of my time
Do you hear me? I don't want you to fear me (Oh, oh)
I can find my way back, I know I can find my way back

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I'm tryin' to spare you from things you don't need
Like seein' a side of me that you've never seen

To the left (To the left), to the right (To the right)
Since you left, I ain't never been right (Been right)
When I sleep, I can see you in the night (In the night)
And the pain cut deeper than a knife (Than a knife)
To relieve I got higher than a kite (In the car)
Take a trip, take a ride, take a flight (Take a flight)
When I see you it's a muhfuckin' fight (It's a fight)
Ray Charles even say it's on sight

With yo' bitch ass it's way too many bitches in this bitch
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