

Throwing Stones

Groundation

Well, now it seems like so long ago
They've taken away my freedom taken away my soul
But from on high great wisdom can be found
They are shinning a light yes upon the ground
And this all began oh from the time of Solomon
To free the earth yeah, for the benefit of one
But they're refusing to learn
Of the healing of the nations
But we will never part no from a that time
To this time saying

A what ya wanting? I know
Now what ya needing? I know
Now what ya wanting? I know
Now what ya needing? I know, I know

Are you throwing stones in Jah lake water
Just to cool my meditation?
Are you throwing stones in Jah lake water
Just to cool my vibration?

Well, if there's one message I must bring to you
Love all and trust a few
Well, if there's one message I must bring to you
Love all and trust a few
I can see you swing pon a swing
A ram down the love I bring, yeah
And like a cup of pure water
You might want a taste but you
Don't want a bother me

Lifting your head on top of a stone
Lifting your home your heart's not your own
Now give me some of that gold is the truth in you
Heart but you soul knows not to worry upon I
For you're spending your money in irration
Building all of your walls to separate from I
Deep within the earth beats the heart of salvation
For what was once green my friend
Could never be turned to gold no

A what ya wanting? I know
Now what ya needing? I know
Now what ya wanting? I know
Now what ya needing? I know, I know

Are you throwing stones in Jah lake water
Just to cool my meditation?
Are you throwing stones in Jah lake water
Just to cool my vibration?

So you think you could come a scolding me, yeah
Now so you think you could come a scolding me, yeah

I can see you swing pon a swing
A ram down the love I bring, yeah
And like a cup of pure water

You might want a taste but you
Don't want a bother me

Well, now my friend tell tell I man have you
Given up again?

Well, now my friend tell I man have you come to
Given up again?

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