

One Rock

Groundation

One rock! That we deh pon
Just remember it's our father's home
One rock, yeah, that we deh pon
Just remember it's the Congo man home

Between love and hate, between peace and war
We're in a tug-a-war for what's to come
And all the energies surrounding the Earth
It seems you can't get nothing done

For there are no winners without losers
No rich without the poor
If ya asking for forgiveness
You're not of this Earth no more
Never will come to be for him
Never will it come down here

Experience has written those lines in his face
All surrounded by a lion's mane
Hungry and thirsty through the desert he crawl
To the Dead Sea shore but he can't drink!

Life changes all the time
Manifesting prophecies through the line
And it's true what the Rastaman said
Heaven's on Earth and it lives inside your head

You who starship dreamer, you are a distant joker
With no vision for the future, how things will get better?
The Earth is there, Lord, and the fullness there of

Jah alone will see you through
One life alone will have to do
But with his insatiable heart man may
Be pushing Jah further and further away

So, who is gonna brace him for it?
Stand up and face it
You are ready now!
Passing you a rod as an anointed one! Yeah!

So, all these gifts of Jah
Formed the Earth and life
Where nothing comes without a price
And nobody gonna take away, no!
A change is coming for you
Got to be ready when it comes

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