

Let me go, like, where are you?  
Got lost for a second, like, where you gone?  
I been watchin' the things that you do  
I've seen the way you moving out  
Let me go, like, where are you?  
Never felt so far down before (Before)  
And, yeah, I know, like, this shit ain't new  
Another day, another prayer

I want you to help me through  
But it wouldn't be fair on you  
I still don't know what's up with me  
I'm constantly just battling in my mind  
Yeah, I'm in my mind

Sayin' things, but I ain't comin' through  
Only letting myself down  
Get confused and start acting a fool  
Gotta chase the dogs up out the way  
It's too easy to get lost in you  
Forget my worries and them highs  
But, essentially, I'm using you  
As a way through it all  
It's complicated, I'm up and I'm down  
Yeah, I know that it's long  
And right now I know it's better to just be here on my ones  
I never planned to catch feelings  
But, shit, baby, what can I say?  
All I can do is be honest  
Ain't trying to play no games

I want you to help me through  
But it wouldn't be fair on you  
I still don't know what's up with me  
I'm constantly just battling in my mind  
Yeah, I'm in my mind